

# VITAL: Virtual Innovative TransformationAL Nursing Care

Starr Bacon, MSN, RN Paige Dooley, MBA, MSN, RN, NEA-BC Melissa Simpson, MSN, RN, CMSRN Kelly Woker, MSN, RN, AGCNS-BC

October 20, 2022

# Objectives

### Understand the implementation of a Virtual Nursing program

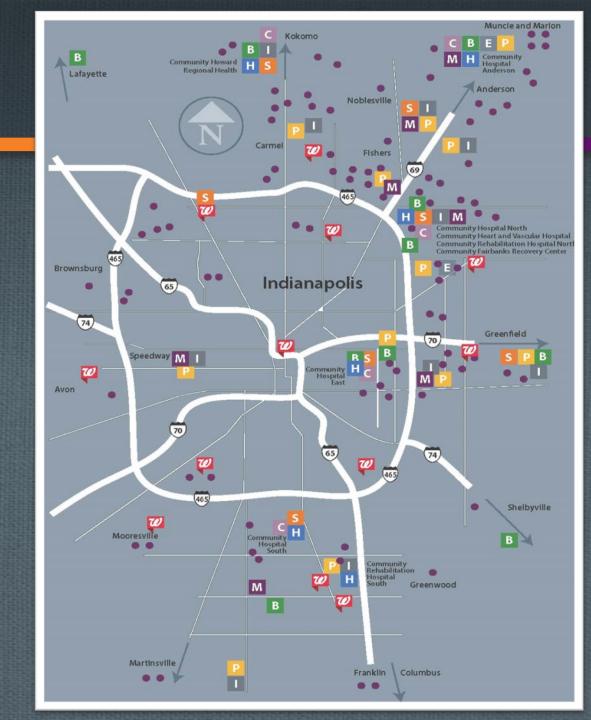
Describe how Virtual Nursing transforms care delivery system models

Identify the impact Virtual Nursing may have on patient safety and clinical outcomes

Explore how Virtual Nursing can support retention, recruitment, and development of new nurses

# Community Health Network

- Patients served: 638,900
- Caregivers: 16,000
- Providers: 2,400
- Sites of care: 200+
- Acute and specialty care hospitals: 10
- Inpatient admissions: 60,300
- ER visits: 267,500
- Outpatient visits: 2.7 million
- Babies born: 7,800
- Behavioral health visits: 593,800
- Virtual care visits: 254,300



# Why Virtual Nursing?

- Improve staff satisfaction, mentor new nurses, and retention
- Improve patient and family satisfaction
- **Optimize throughput** with support for admissions, transfers, discharge planning and coordination
- Augment the skill mix of care team at the bedside
- Future proofing for additional surges, disasters, workforce shifts
- Promote patient safety and enhance clinical outcomes

# Nursing Retention, Development, Recruitment

#### Retention

- Additional layer of support
- Increased joy

#### Development

• Mentoring opportunities

#### Recruitment

- Peer interviews
- Feedback from CHNw Resource RN's and RN's who do not use the VN model on their home unit

# The Struggle is Real...



# VITAL Program Vision and Uniqueness

### • Vision

 Create an innovative and seamless nursing care model where a physically present nurse is complemented by a virtual nurse on a team focused on impacting human health, the patient experience and outcome, as well as the nurses experience and well-being.

- Uniqueness
  - 1<sup>st</sup> to market in Indiana, 1<sup>st</sup> wave in the country (<10)
  - Lack of published material on virtual nursing
  - Need to disrupt our current staffing models and care team structure
  - Need to transform our care delivery system
  - Market differentiator for nursing recruitment and patient care

# Transforming Care Delivery System Models <u>Current</u> Digital Transformation Nursing Programs

#### **Manual Process Elimination**

- EHR Integrated Automated Insulin Dosage Calculator
- Post Discharge Call Back: Patientcentered automation w/escalation pathways
- Nursing Workload and Staff Assignment
- Nursing Predictive Models
  - Fall Index
  - Patient Deterioration Index

#### Meet Unmet Patient and Nursing Needs

- EPIC Rover Bring Your Own Device
  - Need Met- Mobility, Secure Chat, Documentation on the Go, Voice to Text, Voice Assistant Chart Search
- MyChart Bedside and MyChart Programs
  - Need Met- Patient Reported Data w/closed-loop workflows and Communication improvements

# **Future VITAL Program Digital Transformation**

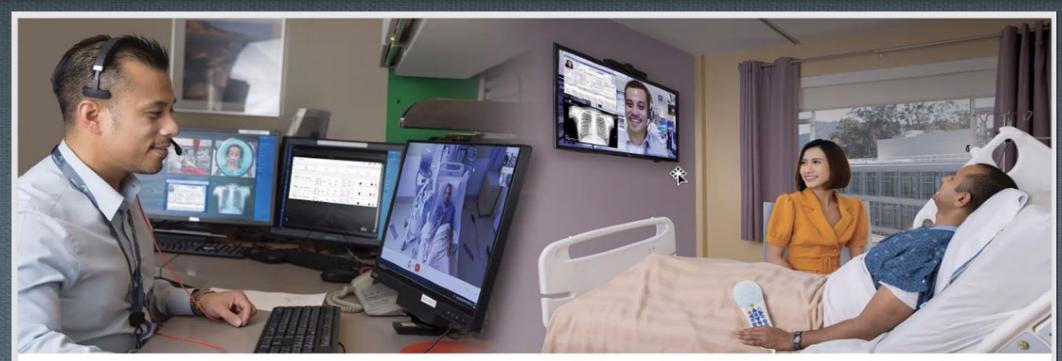
### Manual Process Elimination

- Transition multiple, in-person patient safety monitors to single virtual monitor
  - Meet staffing and patient needs with more hands at the bedside

## Meet Unmet Patient and Nursing Needs

- Change Patient Perception: "Nurses are so busy! I don't want to bother them."
  - ✓ Improve patient-RN partnership and communication
- Address Nursing Documentation and Communication Burdens
  - ✓ Shared responsibility for required documentation
  - ✓ Improved nursing documentation efficiency with uninterrupted VN workflows

# What is Virtual Nursing?



#### **Next Generation Patient Care**





**OUR VALUE** 

Virtual Care Takes Administrative Burden off Communication and the Bedside Team

Virtual Care Improves Discharge Planning



Virtual Care Drives Top-of-License Practice and Job Satisfaction



Virtual Care Improves Clinical Outcomes and **Reduces Staffing Costs** 

### Pilot Sites-149 beds



# Program Cost

### Internal Infrastructure Needs

- Networking cables, switches
- Power cables
- Increased bandwidth needs
- Smart TV servers

# Training

- Bedside Nurses (Significant Change Management competency required)
- Virtual Nurses (Same Competency Checks as bedside nurses)
- Physicians
- Patients

### Integration

New, Fully Integrated Care Team Roles and Structure Virtual Nurse Virtual Patient Safety Monitor VITAL Shared Governance, Team Meetings



**VITAL Training Program** 

Nurse and Tech Simulation Training Program Launch and Ongoing Training Other Caregiver Training



Operational Change Management

Policy Updates HR Role Summaries/Job Codes Communication Tools Adoption and Outcomes Management

# Implementation: Thoroughness of Approach

### **VITAL** Team

- 5 groups formed for oversite and implementation
- Teams were comprised of:
  - Leadership
  - Bedside Nurses
  - Educators
  - Informaticists
  - Virtual Nurses
  - Clinical Nurse Specialists
  - Case Management
  - Quality
  - Providers
  - Patient Experience
  - Human Resources



# VITAL Workflows



# Measuring Outcomes

| Falls                   | Quality | Admissions           | Documentation                                      | Qualtrics                 | MyChart                      | Social<br>Determinants<br>of Health | Bedside Care<br>Givers |
|-------------------------|---------|----------------------|--|---------------------------|------------------------------|-------------------------------------|------------------------|
| Total<br>Falls          | CAUTI   | CHF<br>readmissions  | Required admission                                 | Patient<br>engagement     | Patient<br>education<br>read | Compliance                          | 1st year<br>retention  |
| Falls<br>with<br>Injury | CLABSI  | COPD<br>readmissions | Medication PTA<br>at 90 minutes<br>and at 12 hours | Nurse on TV<br>engagement | Bedside<br>Utilization       | Referral<br>Complete                | Voluntary<br>turnover  |
| Fall<br>Rate            |         | ALOS (days)          | Post Pain re-<br>assessments                       |                           | Activations                  |                                     | NDNQI Survey<br>data   |
|                         |         |                      | Real time<br>charting<br>efficiency                |                           |                              |                                     |                        |
|                         |         |                      | Care plan<br>completion                            |                           |                              |                                     |                        |

To date, 16 virtual nurse patient survey responses from Anderson ONS, SMS, and TMS units

Two patient satisfaction questions for the virtual nurse experience have been added to the survey:

#### **Questions:**

"How would you rate your overall experience with the nurse on the TV" and Nurse on TV Informed?"

"How well did the nurse on the TV keep you informed?"

| Unit       | Top 2 box-Overall<br>Experience | Goal-Overall<br>Experience | Difference |
|------------|---------------------------------|----------------------------|------------|
| CHA<br>ONS | 82.60%                          | 89.10%                     | -6.50%     |
|            |                                 |                            |            |
| CHA<br>SMS | 78.90%                          | 81.80%                     | -2.90%     |
|            |                                 |                            |            |
| CHA<br>TMS | 84.80%                          | 83.80%                     | 1.00%      |

All sites

#### **Questions:**

"How would you rate your overall experience with the nurse on the TV" and Nurse on TV Informed?"

"How well did the nurse on the TV keep you informed?"

| Unit              | Nurse on TV<br>Overall<br>Experience<br>(Beginning) | Current | Nurse on TV<br>informed<br>(Beginning) | Current |
|-------------------|---|---------|--|---------|
| CHA<br>CHE<br>CHN | 58.3  | 73.5    | 58.3                                   | 72.2    |

Common themes from the patient surveys.



Common themes from the bedside nursing



# Further Stage of Development & Commercialization Potential

### • Uniqueness:

- Utilization of shared governance for launch and growth to full-scale, network model
- Leveraging technology which a critical part of workforce embraces
- Challenges decades old care delivery models
- First to publish for new national care models
- Growth/Expansion Opportunities:
  - Acute Care: Other Inpatient and Observation Units, Obstetrics
  - Ambulatory: Enhanced Triage for scheduled and unscheduled patients
  - Emergency: Enhanced Triage, Patient Rounding
  - Behavioral Health: Crisis patient workflows in emergency







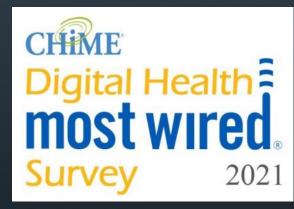
# APPENDIX

# Accomplishments

- Forbes 2021 "America's Best Employers for Diversity": Community Health Network ranked 29th in the nation, highest in Indiana
- "Top 100 Diversity Officers," 2021: Community's Chief Diversity and Inclusion Officer honored by the National Diversity Council
- Most babies delivered: Community North delivered the most babies in the state for the sixth consecutive year
- 2021 CHIME Digital Health "Most Wired" Recognition







# Accomplishments



 Healthgrades honors: Community Anderson, Community East, Community Heart and Vascular Hospital earn 2020 outstanding patient experience and patient safety excellence awards

 "America's Best Physical Rehabilitation Centers," 2021: Community Rehabilitation Hospital North ranked best in Indiana by Newsweek

• Expanded school-based partnerships: 46 school partnerships provide primary care, behavioral health and sports medicine services covering approximately 188,000 students in nearly 200 buildings. Community's 2020 operating expenses for school partnerships totaled \$22.6 million.



# References

- Walsh, C. (2017). On building a faster horse: Design thinking for disruption. Forbes Finance Council. Retrieved from https://www.forbes.com/sites/forbesfinancecouncil/2017/10/19/on-building-a-faster-horsedesign thinking-for-disruption/?sh=1f2999b349f9
- Boston-Fleischhauer, C. (2017). The explosion of virtual nursing care. The Journal of Nursing Administration, 47(2), 85–87. https://doi.org/10.1097/NNA.00000000000444