

**IONL: 50 Years Strong  
Fall Conference  
October 18, 2024**

**0630-0730 Sunrise Yoga with Jane Russel**

**0800-0845 Registration**

**0845-0900 Opening & Welcome**

**0900-1000 Alex Weber**

**1000-1015 Break**

**1015-1145 Alex Weber**

**1145-1200 Closing & Drawings**



With his contagious positive energy, ALEX WEBER immediately impacts audiences and ignites record-breaking achievements! Alex is an International Keynote Speaker, Award-Winning Host for NBC, and competitor on American Ninja Warrior. Alex is also the **only** person ever to Host **and** Compete on NBC's American Ninja Warrior. Alex helps Leaders, Individuals, and Organizations be relentless, gain their competitive edge, and unlock new levels of achievement!

Alex connects so well with audiences because of his genuine openness about the challenges, self-doubt, and uncertainty that we all face - and how you can overcome it! As a professional entertainer, US Lacrosse Coach of the Year, and acclaimed Author, Alex is highly sought after for his unique ability to engage, transform, and empower audiences. Alex has positively inspired over 3.5 million people worldwide, and worked with major companies like ABC, Xerox, Apple, Amazon, Under Armor, LinkedIn, The Los Angeles Lakers, Stanford Business and many more. Alex is also the **only** person ever to Host and Compete on NBC's American Ninja Warrior.

With his riveting storytelling, uplifting humor, and captivating energy, Alex empowers you to be a positive leader, propel past challenges, and accomplish your highest goals in your career, your relationships, and your life!